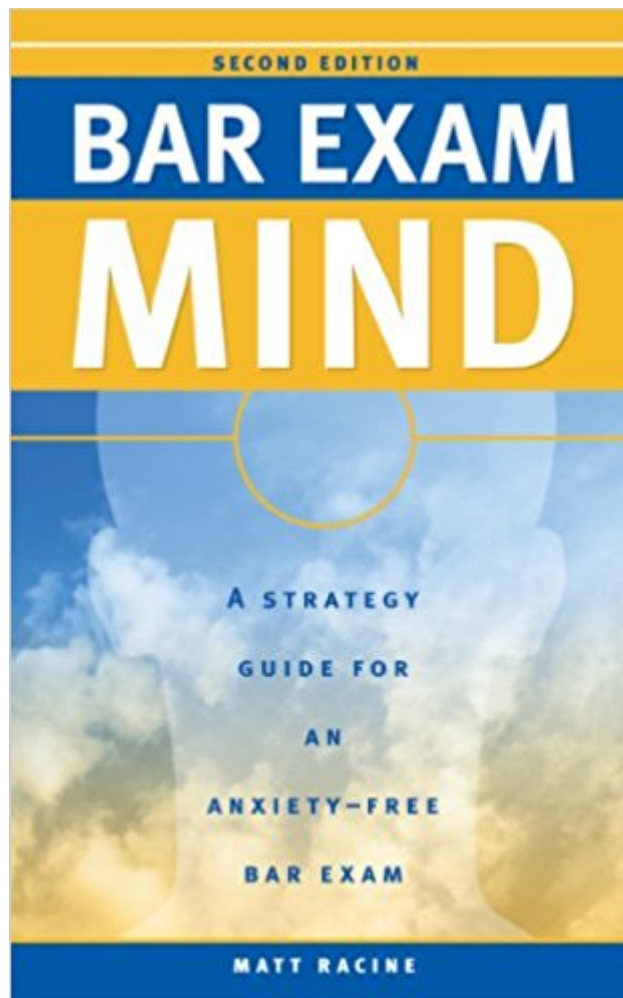




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Bar Exam Mind: A Strategy Guide For An Anxiety-Free Bar Exam (Pass The Bar Exam Book 3)



Synopsis

Inside the pages of Bar Exam Mind, you will discover how to get your mindset right for the bar exam and get the mental edge you need to remain calm and focused while you study for and take the exam. Bar Exam Mind gives you proven strategies to reduce stress and worry so that you can focus on what matters now: Learning the law and passing the bar exam. Among other things, you will learn:-- visualization techniques to remove bar exam fears-- strategies to improve test-taking performance-- the right way to practice for the bar exam-- how to use affirmations to increase self-confidence-- what to eat to keep your mind and brain healthy and in peak condition for the bar exam-- and much more! Use Bar Exam Mind as a supplement to all substantive bar preparation courses. Follow the 21-day learning program included with the book or implement only the techniques you believe will be most beneficial to you. Ready to create your calm bar exam mindset? Then buy Bar Exam Mind now!

Book Information

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Customer Reviews

Nice companion book with Bar Exam. This includes 4 of the journal topics mentioned in Bar Exam Journal, but it goes into greater detail about other things like affirmations and some other performance psychology concepts.

As someone with some understanding of psychology and the mind, this seems pretty hokey and like bull doody written by people who don't know what they are talking about. Spend time studying, not reading this.

Great to use with Bar Exam Mind.

great I used it often I really like it. TI buy it is based on good reputation, it didn't let me down after use.his product logistics is very fast, I am very satisfied with it, the price is cheap, quality is very good for anyone. I was really surprised at the productt, brilliant good quality and good product nothing but good things to say about this case.

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